



## Demographic Overview of Minnesota's Older Adults Legislative Task Force on Aging

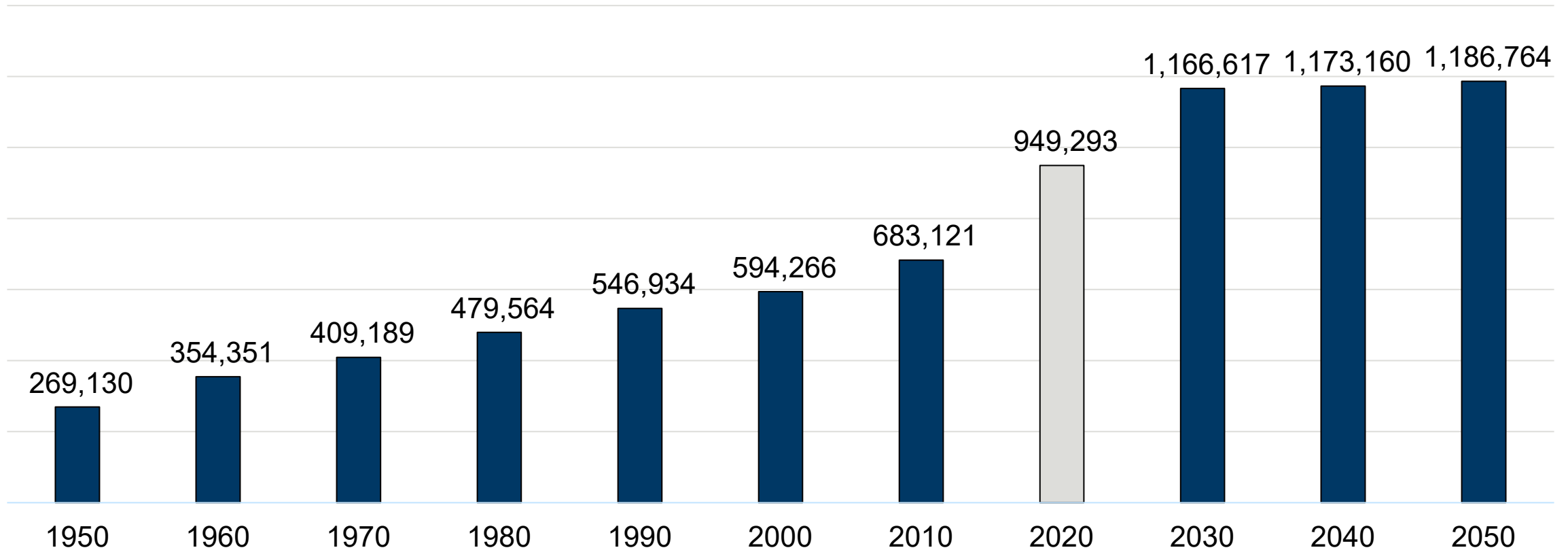
Susan Brower, Minnesota State Demographer  
August 24, 2023

# Population aging will have permanent, far-reaching impacts

- Labor force growth has already slowed; shortages have emerged.
- Dampened economic growth may follow from slower labor force growth.
- Public budgets will be impacted by different spending pressures and by changes to income/spending of the population.
- Communities and public institutions must figure out how to provide care for aging population that does not have the personal resources to pay for it.

# The rapid transition to an older state is already occurring

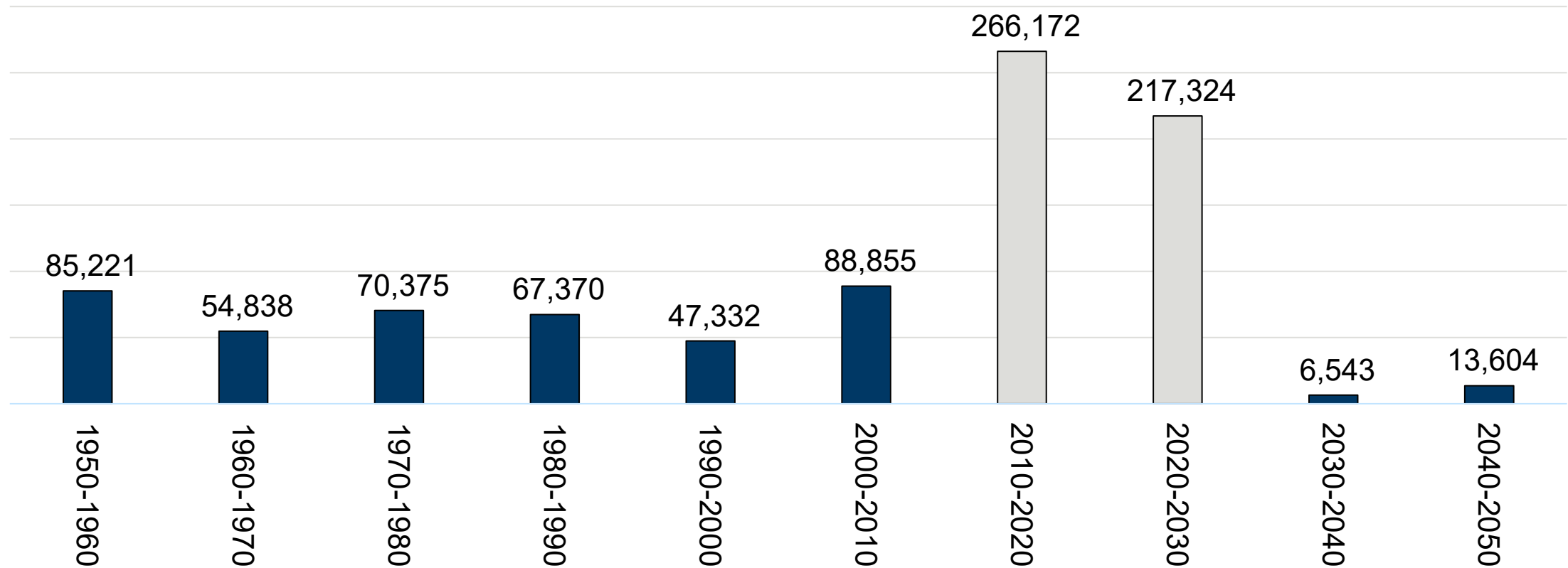
Total Population Age 65 Years and Older  
Minnesota 1950-2050



Sources: U.S. Census Bureau and MN State Demographic Center Projections

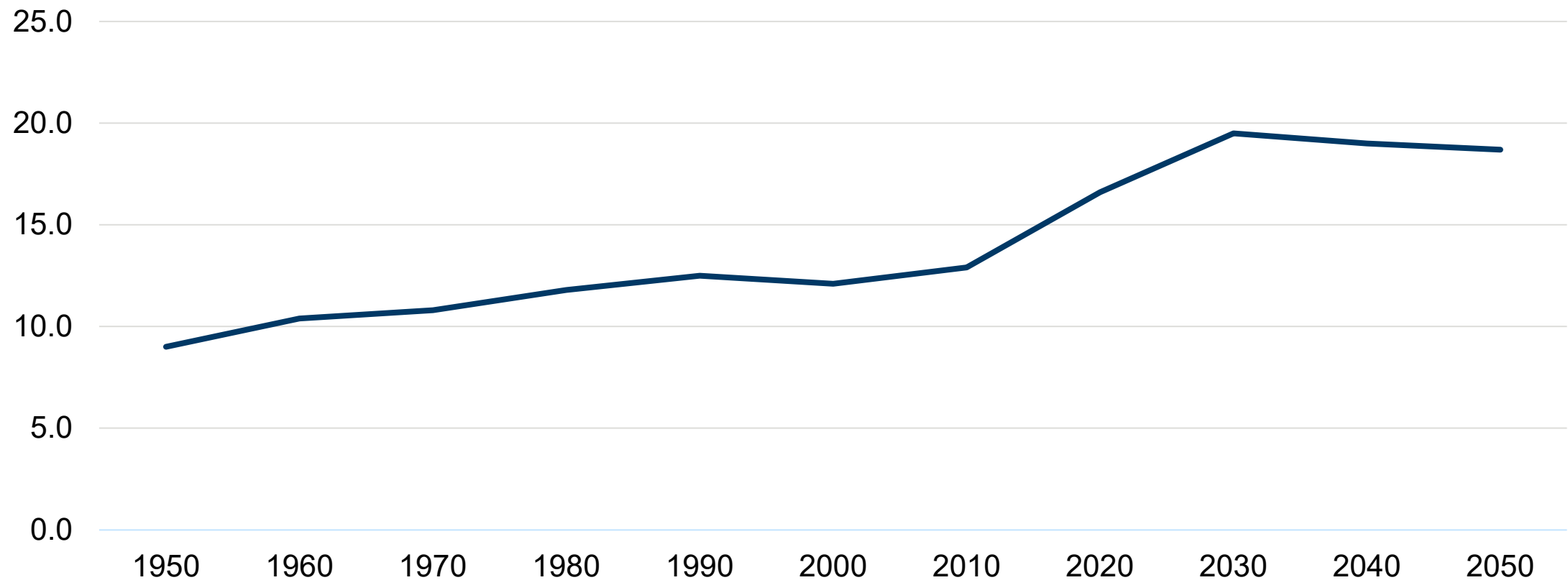
# Transition to an older state accelerates between 2010 and 2030

Total Change in Population Age 65 Years and Older  
Minnesota

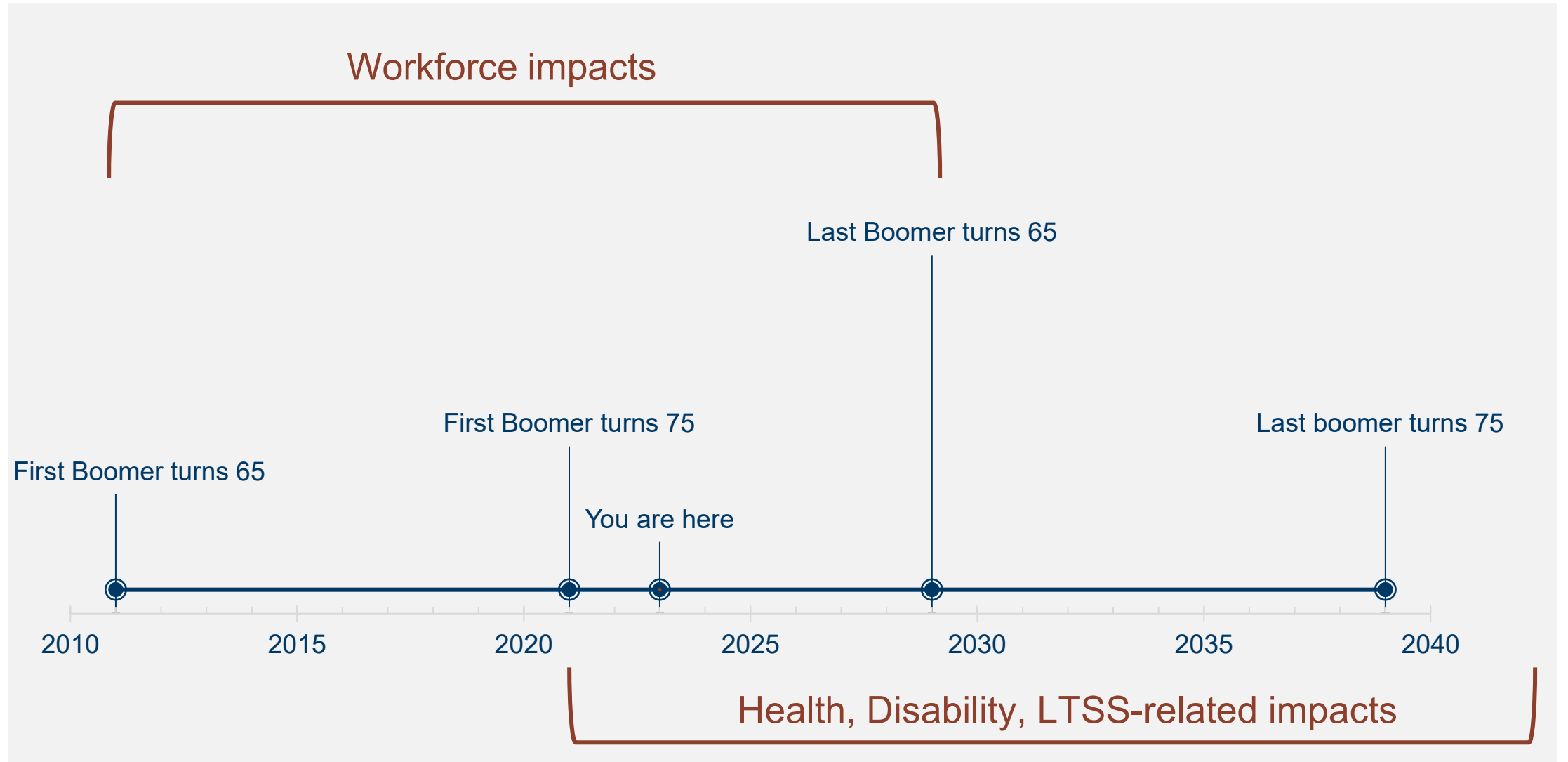


# Minnesota is permanently transitioning to an older state

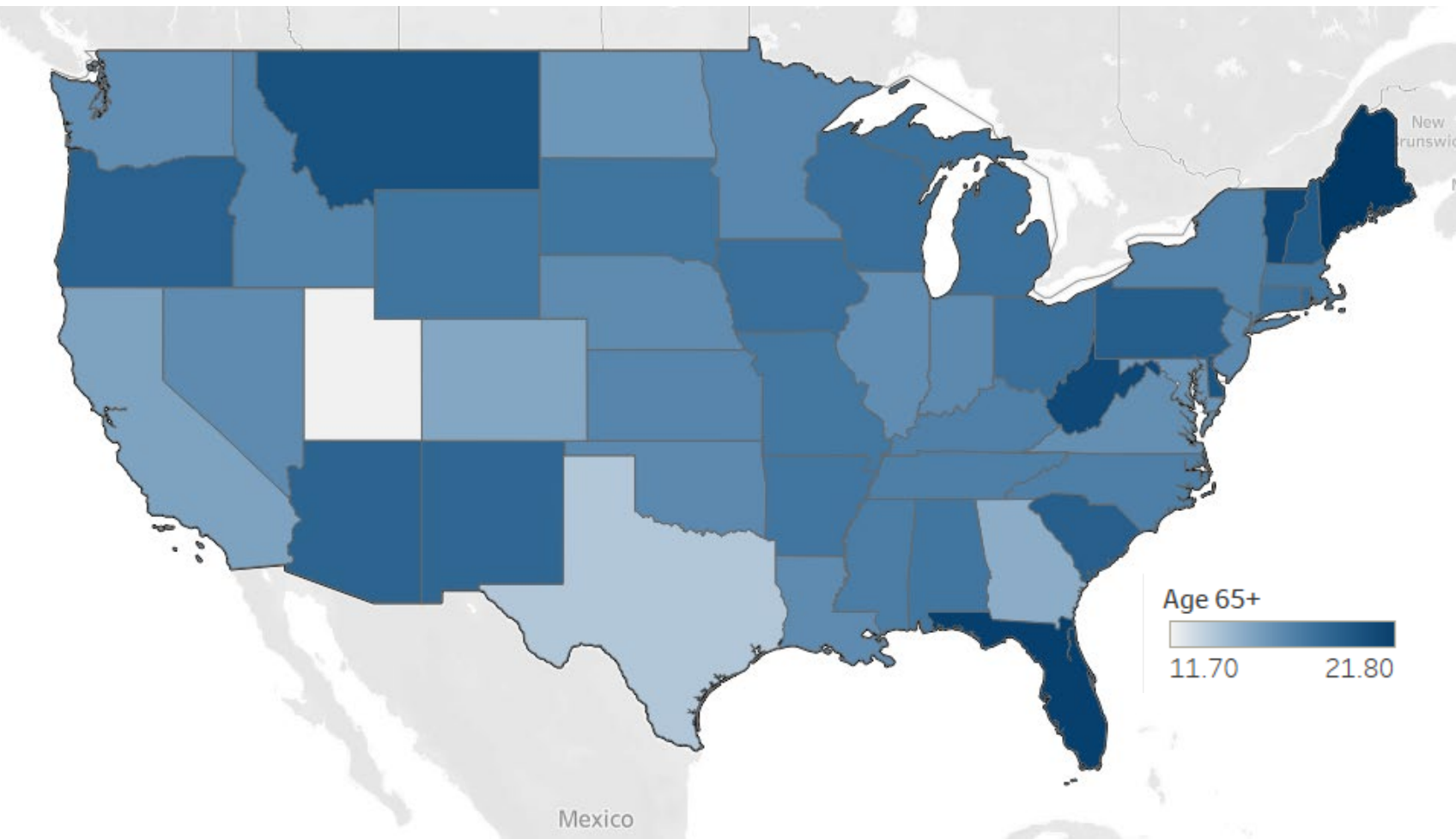
Percent of the Population 65 Years and Older  
Minnesota



# When will we feel the impact of population aging?



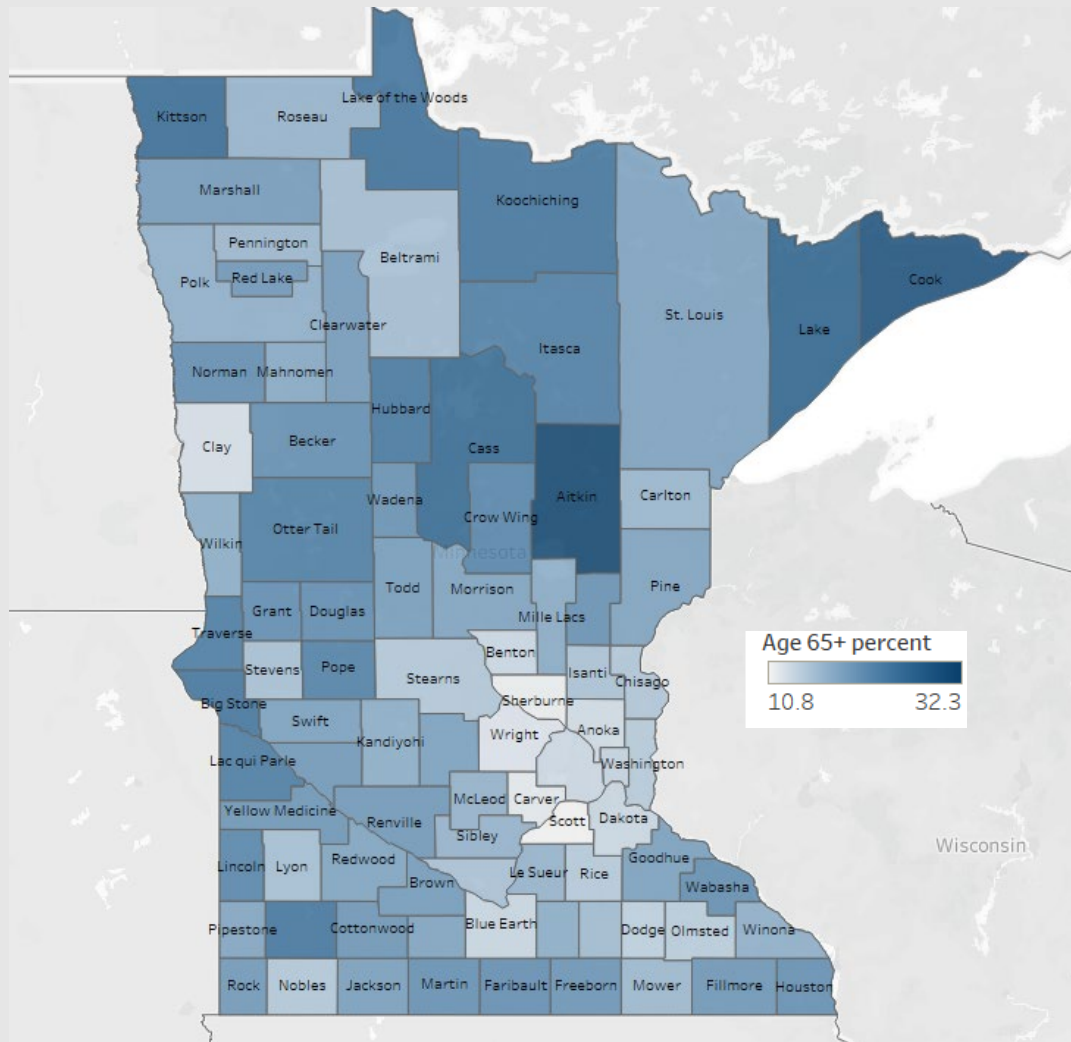
# Minnesota is close to the national average in its age distribution



## Percent of the Population Age 65 Years and Older, 2020

- U.S. 16.8%
- Minnesota 16.6%
- Utah (youngest state) 11.7%
- Maine (oldest state) 21.8%

# Rural Minnesota tends to be much older, on average, than metropolitan areas

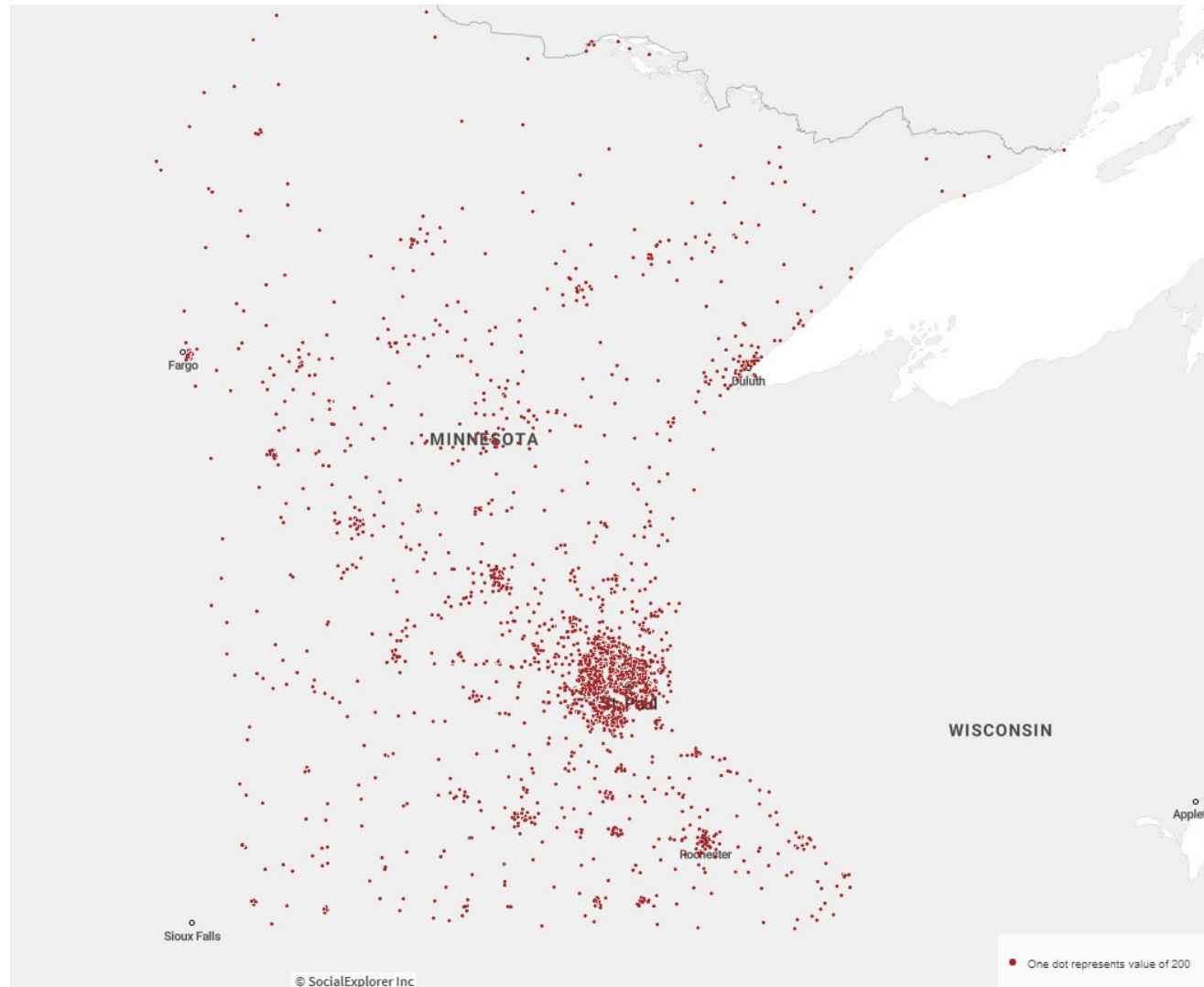


## Percent of the Population Age 65 Years and Older, 2020

- Minnesota 16.6%
- Scott (youngest county) 10.8%
- Aitkin (oldest county) 32.3%



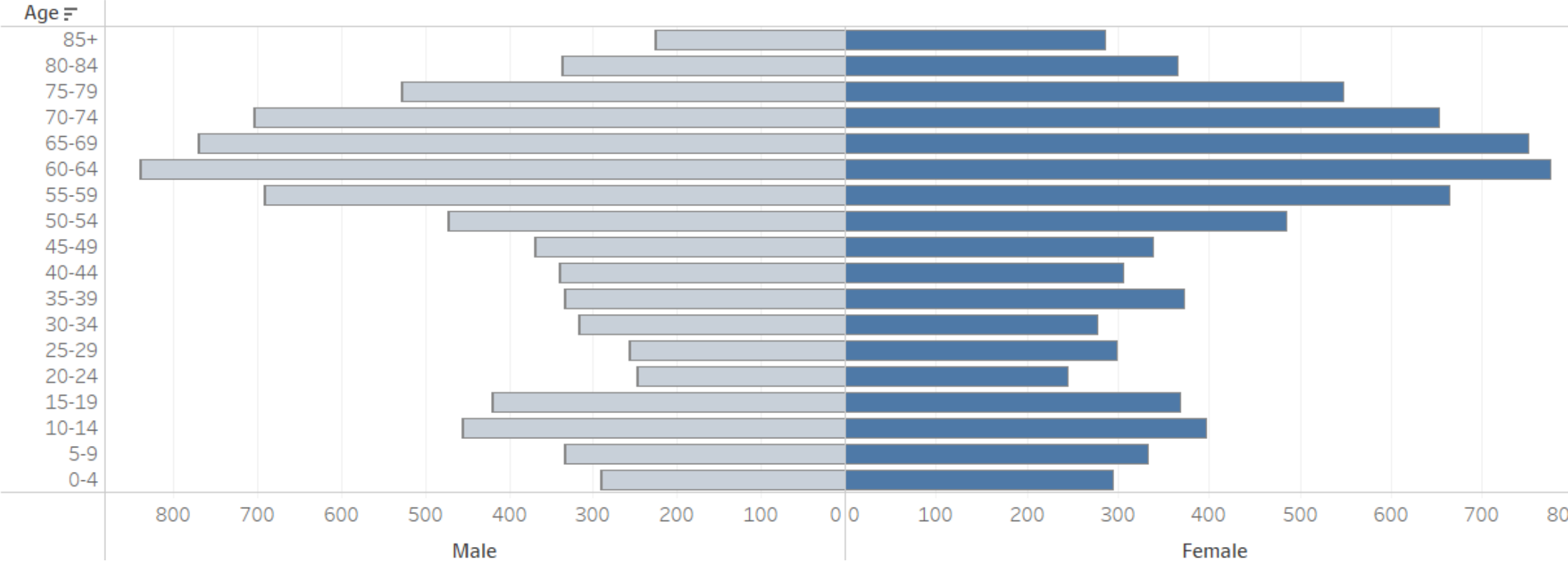
# 49% percent of older adults in the state live in the 7-county metro



Source: U.S. Census Bureau, 2020 Census

# An example from rural Minnesota: Aitkin County

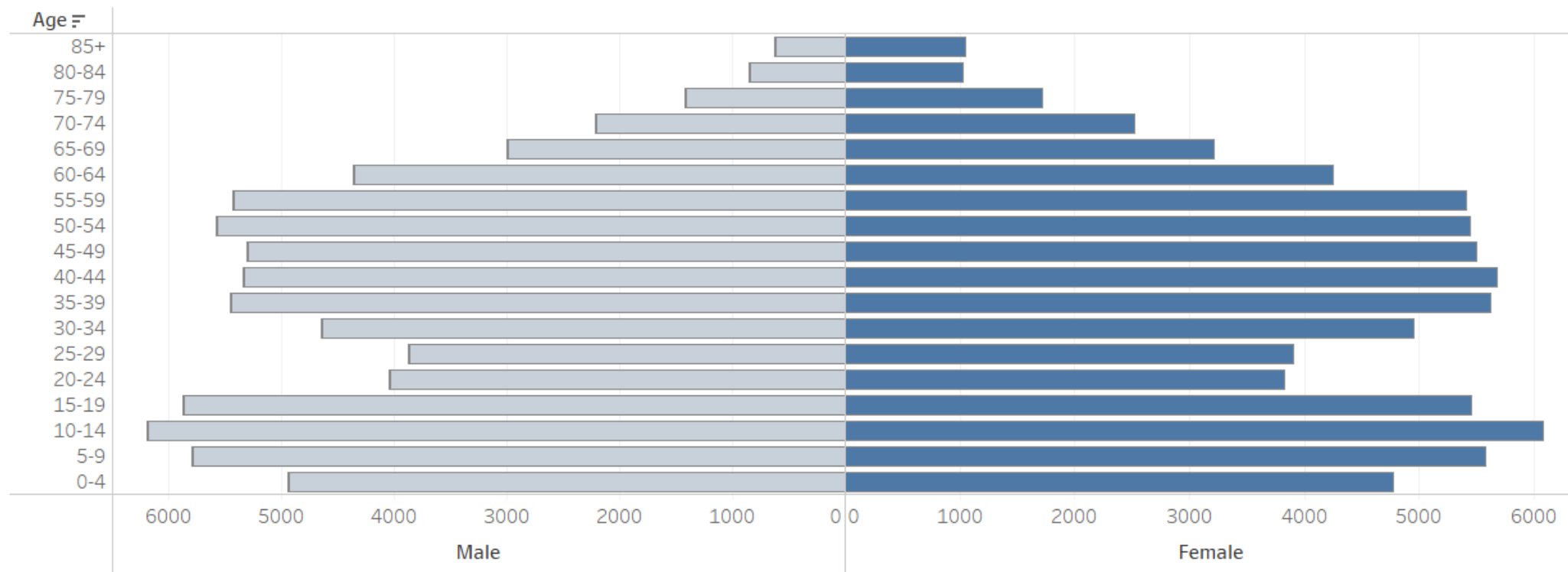
2020 Population Pyramid



Source: U.S. Census Bureau, 2020 Census

# An example from metro Minnesota: Scott County

2020 Population Pyramid



# Lower wages exacerbate workforce shortages for healthcare support workers

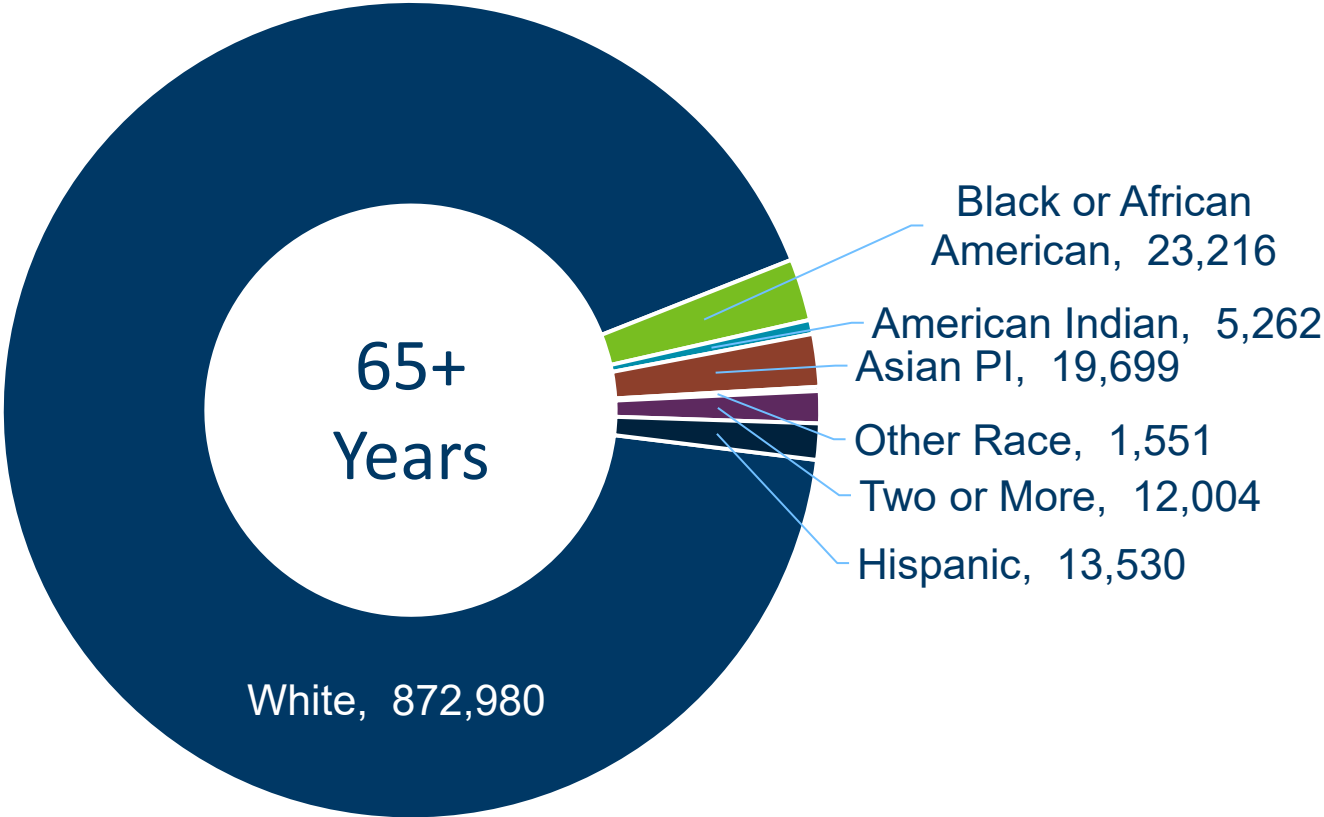
	<b>Job Vacancies</b>	<b>Median Wage Offer</b>
Home Health Aides	1,269	\$15.47
Personal Care Aides	7,798	\$14.98
Nursing Assistants	4,416	\$16.83

Source: Minnesota Department of Employment and Economic Development, Job Vacancy Survey, 2022 Quarter 2

# The Older Adult BIPOC population remains relatively small

In 2020:

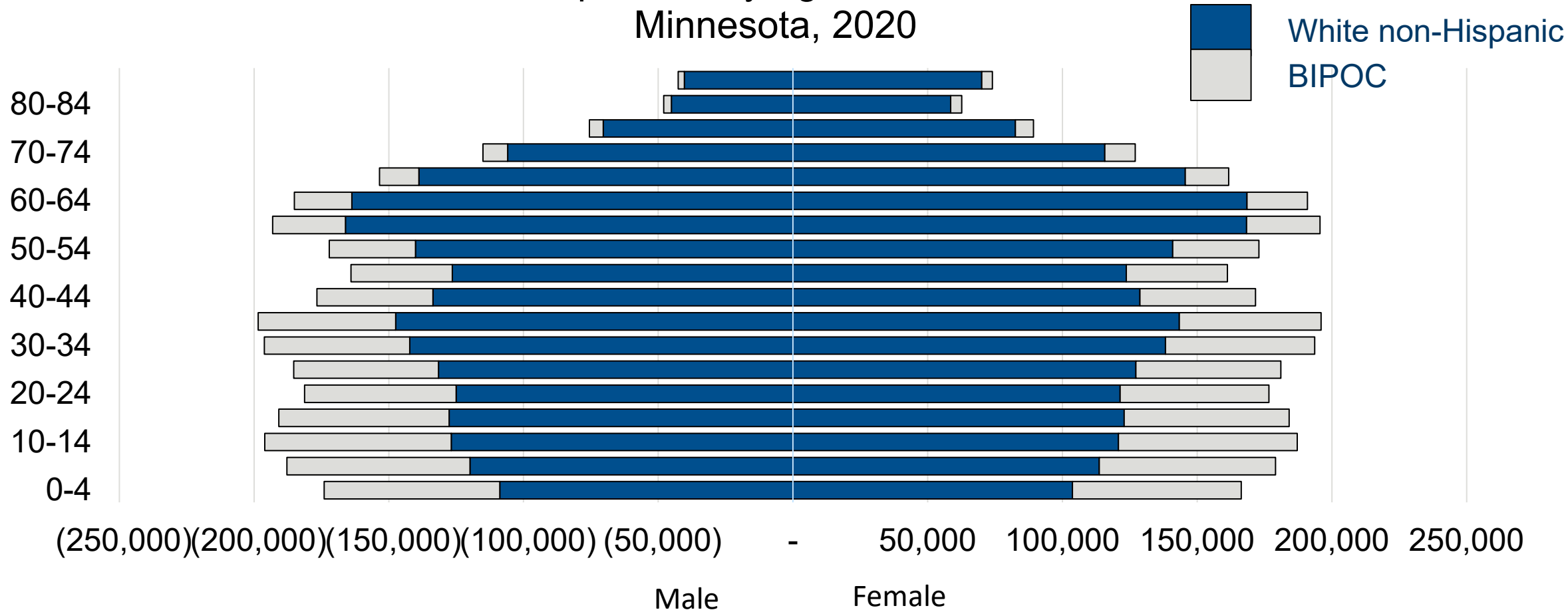
76,300 older adults (65+) self-identified as part of a BIPOC group, just 9%.



Source: U.S. Census Bureau, 2020 Census

# Racial diversity will increase among older adults, but the changes will be slow

Total Population by Age, Sex, and Race  
Minnesota, 2020



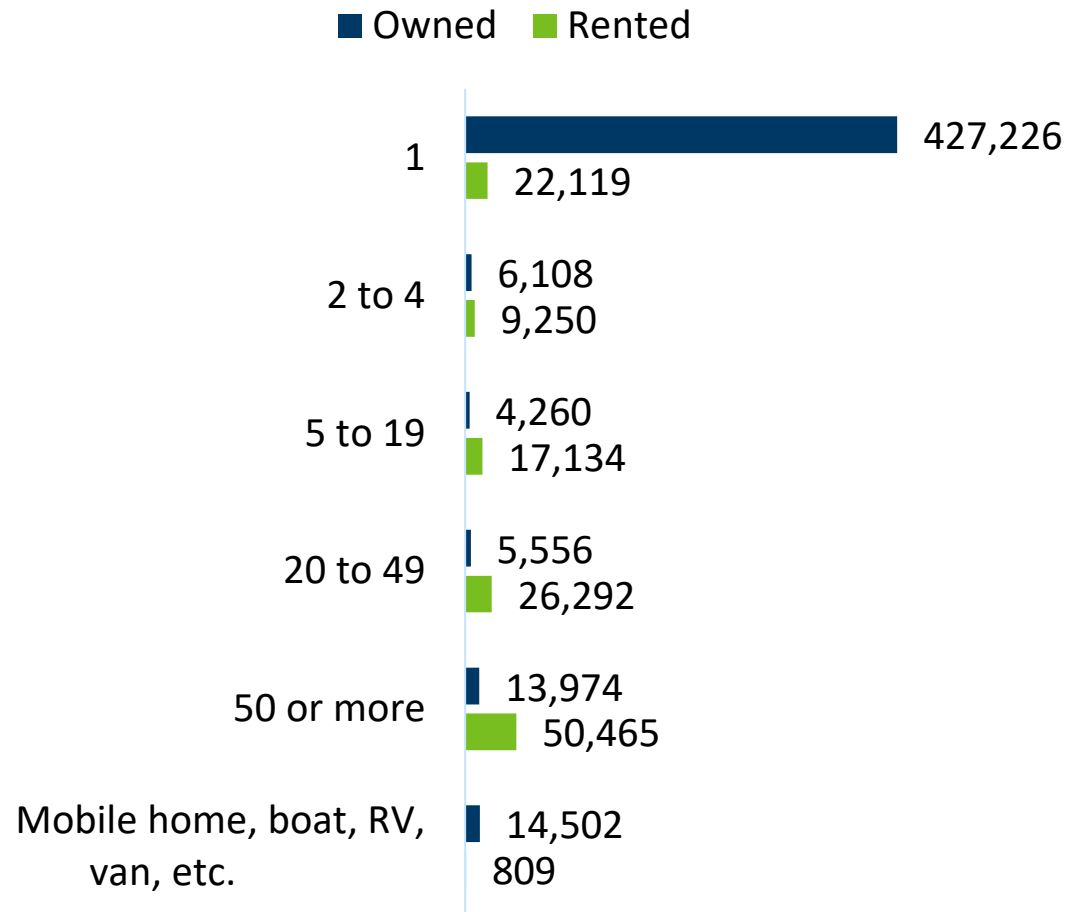
Source: U.S. Census Bureau, 2020 Census

# Living Arrangements of Older Adults in Minnesota

<b>Total Ages 65+</b>	<b>961,636</b>	
In Households	930,086	97%
Lives alone	269,774	28%
Lives with spouse/partner and no others	505,449	53%
Lives with spouse/partner and others	74,181	8%
Lives with other relatives/non-relatives	80,682	8%
Lives with at least one own child (of any age)	113,494	12%
In Group Quarters	31,550	3%
Lives in nursing facilities/skilled nursing facilities	26,832	3%
Lives in other group quarters	4,718	0%

# Most older adults live in owned, single-family homes

Number of Units in Structure

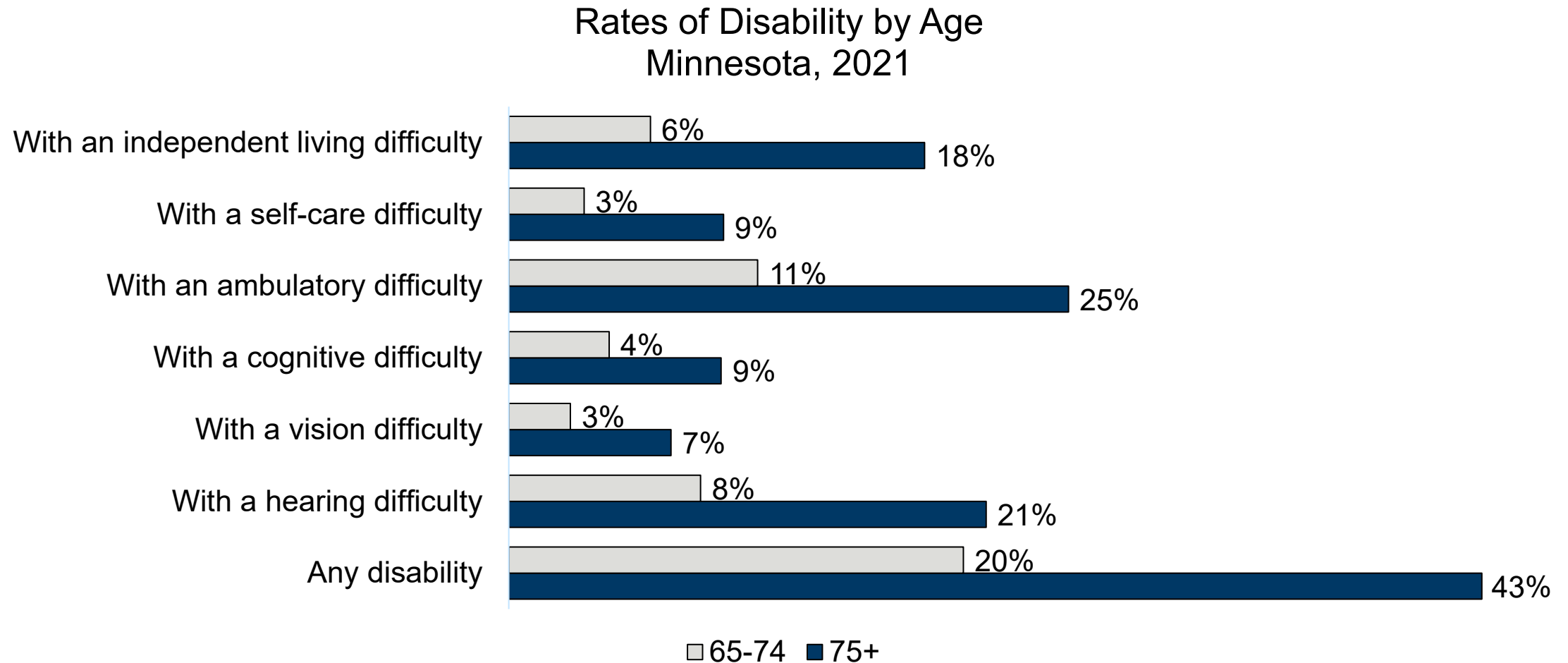


## Older Adults Households— Householder 65+

- 471,626 (78%) are owner households
- 164,418 (35%) of owner households have a mortgage
- 126,069 (22%) are rented
- 182,935 (31%) of older adult households are housing cost-burdened

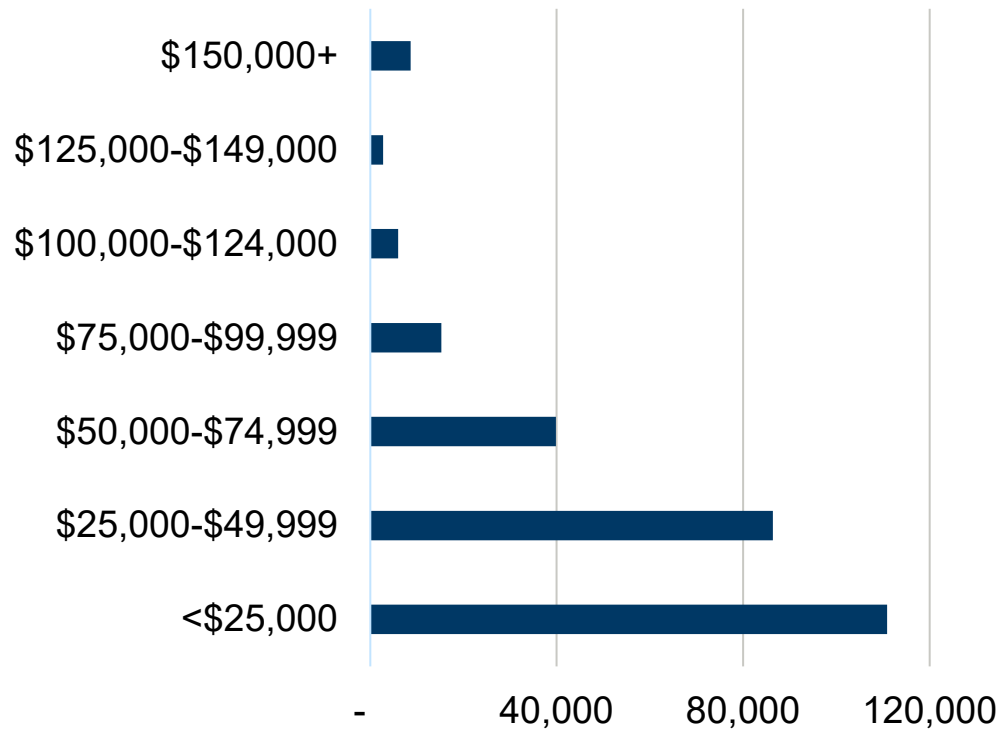


# Rates of disability increase quickly in older age

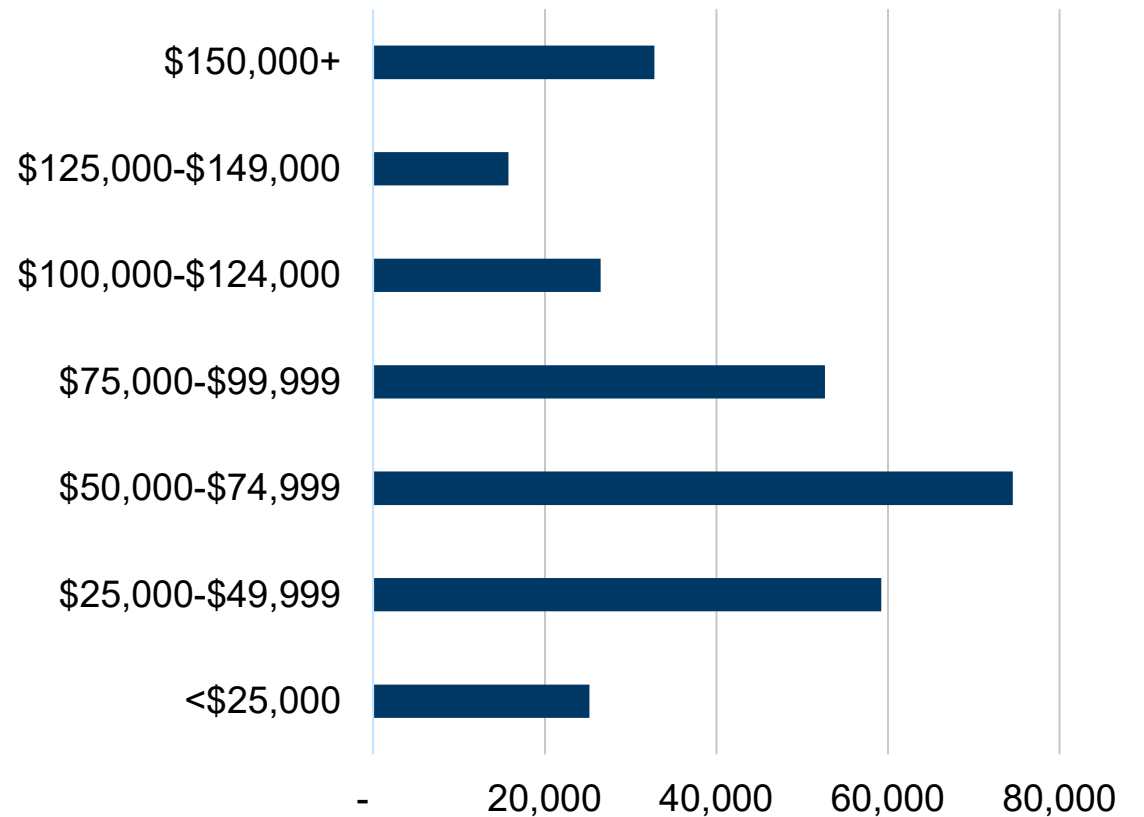


# Income Distribution of Older Adult Households (65+)

Household Income of 1 Person Households  
Householder Age 65+, 2021

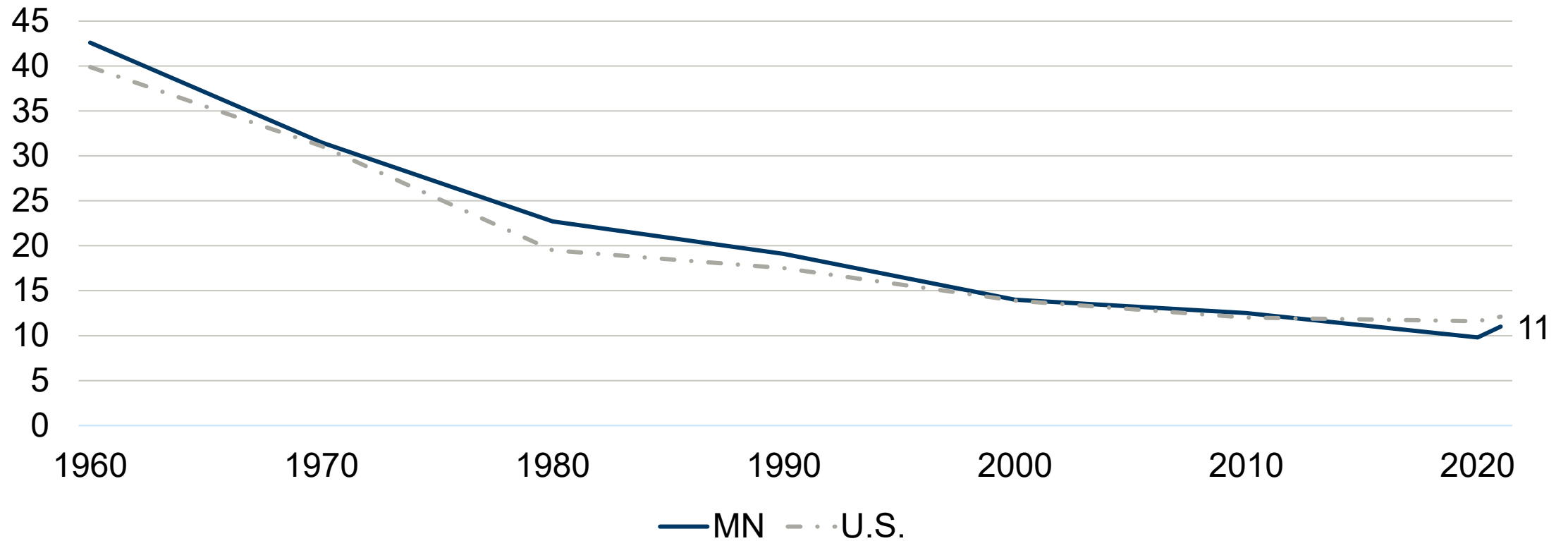


Household Income of 2 Person Households  
Householder Age 65+, 2021



# Poverty rate for older adults increased between 2020-2021

Poverty Rate  
Older Adults (65 Years and Older)



# Majority of U.S. older adults don't have the resources to pay for Long-Term Services and Supports (LTSS)

Percentage of Adults Ages 65 and Older Who Could Finance LTSS with Their Monthly Income						
	All			With Severe LTSS Needs		
	Paid Home Care	Assisted Living	Nursing Home	Paid Home Care	Assisted Living	Nursing Home
All	40	49	14	22	30	5
Age						
65-74	49	59	18	29	39	7
77-84	31	39	8	23	29	6
85+	18	26	6	15	23	3

- Population aging is already occurring in Minnesota. The state is already experiencing some of the impacts of aging. Other impacts will unfold in the coming years.
- The shift to an older state will be permanent. Policies put in place to address aging today will position the state to be in better alignment with future populations.
- Among the most pressing issues is how Minnesota will care for its older adults.

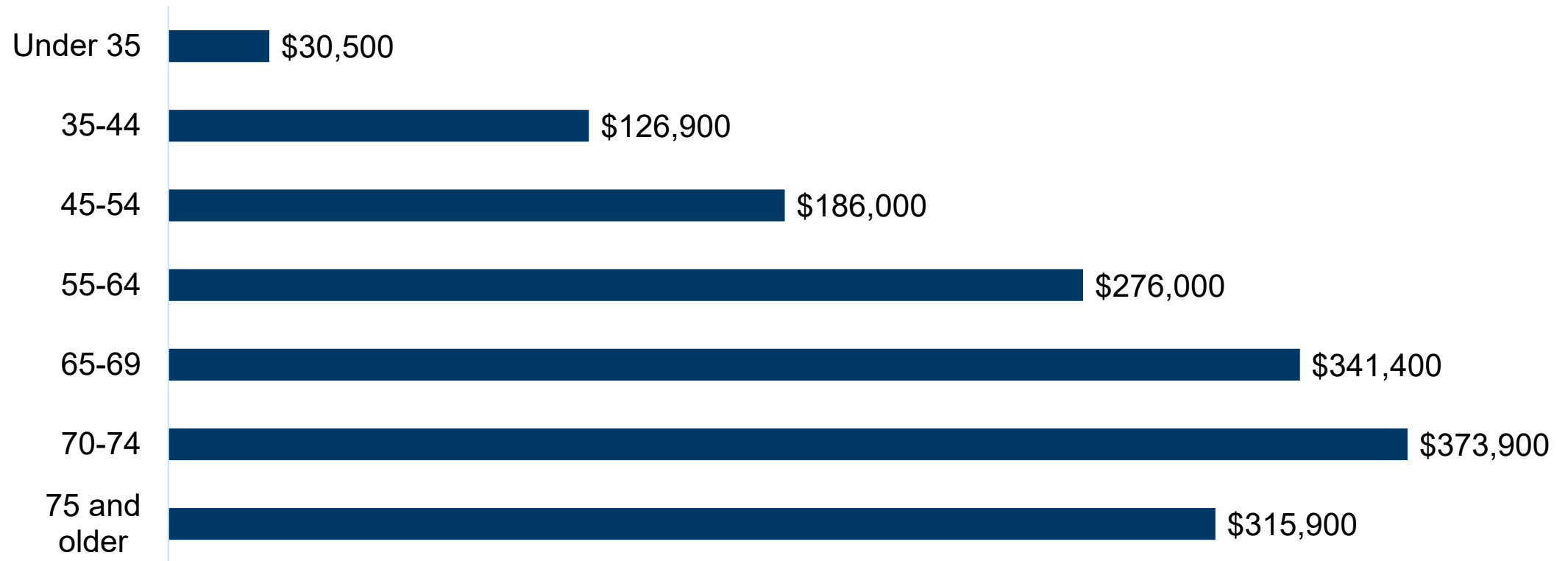
# Thank you

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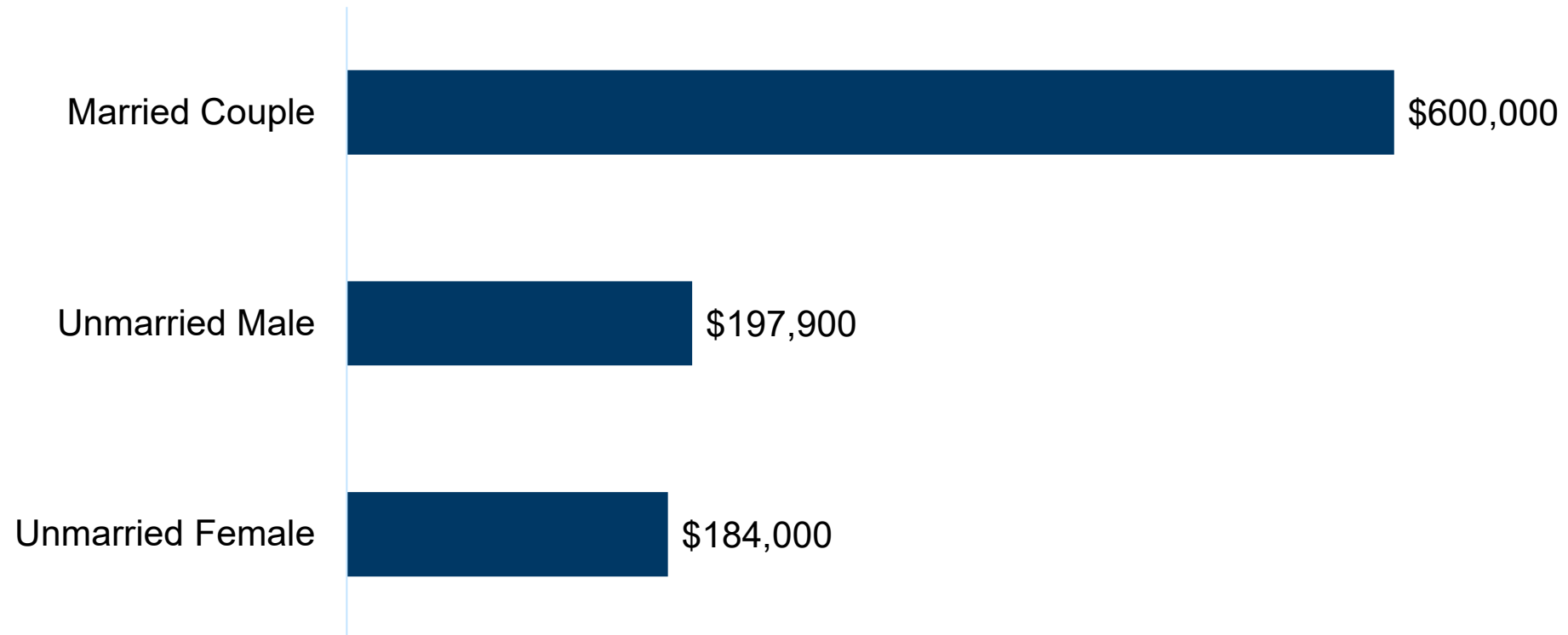
# U.S. data: Wealth of Older Adult Households

Median Wealth by Age of Householder  
United States, 2021



# U.S. data: Median Wealth of Older Adult Households

Median Wealth by Marital Status,  
U.S. Households with Householder Age 65+, 2021



Source: U.S. Census Bureau, 2021 Survey of Income and Program Participation