

Emailed July 31, 2021

Hello

My name is Tammy Nesgoda. I live in the Duluth/Two Harbors, MN area, where I work in Home Health Care. Specifically, I have worked for Regency Home Health Care for the last ten years. I am a PCA/Home Health Aide/Homemaker.

I have approximately 15 clients that I work for on a weekly rotation. Since the pandemic began, I have been loyal to them although some had to put their services on hold, out of fear of getting COVID. I understand their fear. This did cause me to lose hours, resulting in lost wages. I earned 12.50 an hour. I do not get sick pay, paid time off or any other benefits. I did still keep many of my clients, often going to apartment buildings where COVID was present. I missed no time. Masks, gloves and good goggles were mandatory.

With that being said, when the pandemic began, I could have chosen to stay home and collect unemployment plus the enhanced benefits. I knew my clients would suffer and struggle as many depend on us to remain in their own home. Once again I was loyal to them because it is what I do and love.

In closing I feel Home Health Care workers should be recognized as front line workers.

Thank you.

Tammy Nesgoda